

SEPTEMBER | 2022



Vincent Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Quesadillas Salsa Mexican Corn Fresh Orange Milk	2 Pizza Day Tossed Salad with dressing Banana WW Cookie Milk
5 No School	6 Turkey & Gravy Mashed Potatoes Seasoned Green Beans WW Roll Strawberries Milk	7 Taco Salad Tortilla Chips With salsa Seasoned Corn Mandarin Oranges Milk	8 Mini Meatball Sub with Marinara Sauce Bean & Corn Salad Fresh Banana Milk	9 Pizza Day Fresh veggies & ranch Seasoned Broccoli Fresh Apple Milk
12 Corndog Tator Tots Baby carrots with ranch Fresh Banana Milk	13 Sweet & Sour Chicken Nuggets With Brown Rice Seasoned Peas Fresh Grapes Milk	14 Chicken Alfredo with a Twist Garlic Broccoli WW Roll Pears in Cherry Jello Milk	15 Mexican Pizza Seasoned Corn Peach Cup Sidekick Milk	16 Pizza Day Tossed Salad with dressing Fresh Apple WW Cookie Milk
19 Hamburger on a Bun Tator Tots Baked beans Apple Slices Milk	20 Chicken Stir Fry With Asian Brown Rice California Blend Fortune Cookie Milk	21 Cheese & Pepperoni Breadsticks With Marinara Sauce Pears Spinach Strawberry Salad Milk	22 Walking Taco Cowboy Corn Salad Tortilla Scoops Peaches in Gelatin Milk	23 Pizza Day California Casserole Fresh Fruit WW Cookie Milk
26 Chicken Sandwich Baked Beans Carrot sticks with ranch Pears Milk	27 Chicken Tenders With brown rice Seasoned Green Beans Peach Cup Milk	28 Grilled Cheese Sandwich Waffle Fries Carrot sticks with ranch Fresh Grapes Milk	29 Hotdog on Bun Seasoned Corn Fresh Tangerine Sidekick Milk	30 Pizza Day Tossed Salad with dressing Fresh Fruit WW Cookie Milk

News

Menus are subject to change. Menu items may be substituted daily. Substitutions are available.

This institution is an equal opportunity provider.

Choose from a variety of:
Vegetables
Juice
Fruit
Milk