

SEPTEMBER | 2022

Clearview High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29				1 Taco Salad Fresh Salad Buffet Tortilla Scoops with salsa Fresh grapes Pears in Jello Milk	2 Pizza Day Orange Glazed Carrots Salad Buffet Strawberry Cup Sidekick Milk
5 Labor Day	6 Teriyaki Chicken with Asian Rice Salad Buffet Fresh Apple Peach Cup Pretzels Milk	7 Turkey & Gravy Mashed Potatoes Seasoned Broccoli Fruit Cup WW Dinner Roll WW Cookie Milk	8 Spicy Nachos With salsa Seasoned Rice Salad Buffet Fresh Apple Slices Banana Milk	9 Pizza Day Glazed Carrots Salad Buffet Strawberry Cup Sidekick Milk	
12 French Bread Pizza Seasoned Carrots Salad Buffet Diced Pears Applesauce WW Cookie Milk	13 Wokin Orange Chicken With Brown rice Seasoned Green Beans Mandarin Oranges Pineapple Chunks Milk	14 Quesadilla Tortilla chips with salsa Golden Corn Peaches Fresh Grapes Milk	15 Grilled Chicken on Bun Salad Buffet Baked Beans Fresh Apple Fruit Cup Milk	16 Pizza Day Seasoned Broccoli Salad Buffet Fresh Banana Sidekick Milk	
19 Hamburger on Bun Salad Buffet Waffle Fries Mandarin Oranges Fresh Pear Milk	20 Sweet Sesame Chicken Stir Fry With Brown Rice California Blend Vegetables Applesauce Cup Fresh Banana WW Dinner Roll Milk	21 Spicy Chicken Strips Sweet Potato Fries Bean & Corn Salad Fresh Banana Applesauce Cup Dinner Roll Milk	22 Beef & Refried Bean Burrito Salsa Tortilla Scoops Cowboy Corn Salad Fresh Apple Mixed Fruit Cup Milk	23 Pizza Day Seasoned Green Peas Salad Buffet Fresh Pear Sidekick Milk	
26 BBQ Chicken Sandwich Fresh Salad Buffet Baked Beans Pear Cup Applesauce Milk	27 Chicken Fajita Wrap Broccoli Salad Peach Cup Fresh Banana WW Chocolate Chip Cookie Milk	28 Rotini & Meat sauce Seasoned Green Beans Fresh Apple Slices Fresh Orange WW Dinner Roll Milk	29 Taco Salad Fresh Salad Buffet Tortilla Scoops with salsa Fresh Grapes Pears in Jello Milk	30 Pizza Day Orange Glazed Carrots Salad Buffet Strawberry Cup Sidekick Milk	

News

Menus are subject to change. Menu items may be substituted daily. Menu Substitutions are available.

This institution is an equal opportunity provider

Also available:
Salad Buffet
Nachos & Cheese
Meat & Cheese Plate
Sandwich or Wrap

Choose from a variety of:
Vegetables
Juice
Fruit
Milk